



For the Health of It

September 25, 2017

Students Will Be Able To

- 1. List several methods of tracking their own progress*
 - 2. Access resources when things don't go as well*
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Materials

Varies wildly. Sorry about that.

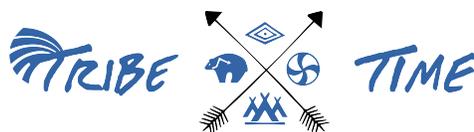
Introduction

A large portion of Tribe Time will be focused on the condition of your brain. That will mean all sorts of things for different people. For some, it will mean getting help with homework. For others, it will mean finding a good book or an organization system for tracking your life. For others, it may mean finding ways to take what you've learned to another level. For all of you, your Tribe Time days set aside for Conditioning will be structured with more flexibility than other weeks.

For the Teacher

Your job is to know where your Tribe is academically and socially as much as possible. No, that doesn't mean you should sign up for a Facebook account or start using Snapchat. Please don't, in fact. The ethics committee would have a field day. What it does mean is that you need to know which of your kids need help, and which of your kids need something better to do. The tricky part is that it will largely be based on your kids. We don't want to prescribe too closely what that looks like for your tribe. There are, however, some guiding principles to follow:

- **Check your kids grades *before* Tribe Time.** Don't call them all up individually when you probably only need to check with a few of them. We'll help you run reports, provide templates, or whatever else you need, but come prepared.
- **Get to know what they are interested in.** Some will need something to do, and we can help with that. We'll have a list of activities you can pull from on our website for kids who need enrichment. Hopefully you can contribute to that as you get to know kids and have ideas or do activities that work.
- **Be prepared to help.** You're a certified teacher, so when kids need help with homework, you're going to need to be out of your chair and helping.
- **Be prepared to just let them work.** Some kids – a lot, in fact, could just use the time to get things done. If they can work and actually be productive, let them.





As stated in the objectives above, we want them to be connected to progress tracking and know how to access resources when they need them. That's on you. Get to know what they need. Show them the ins and outs of PowerSchool. Share that great ToDo list app (probably Wunderlist) or what keeps you organized. Have them share with each other what works. Set up study groups when a test is coming up.

The Catch

Above all, be present. This isn't a week to kick back and just watch. This is the week you do the most work – getting to know them, offering help, and connecting them to resources on an individual and group basis. This, of all weeks, will be the week you really become a Tribe.

