



Think Win-Win

January 22, 2018

Students Will Be Able To

- 1. Know what a Win-Win attitude is and have the foundation for getting along with other people*
 - 2. Be happy when somebody else succeeds*
-

Materials

Depending on the activity, you might need to copy some worksheets ahead of time.

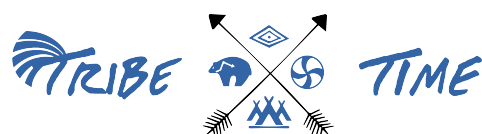
Introduction

Win-Win is a belief that everyone can win. It's both nice and tough all at once. I won't step on you, but I won't be your doormat, either. You care about other people and you want them to succeed. But you also care about yourself, and you want to succeed as well. Win-Win is abundant. It is the belief that there's plenty of success to go around. It's not a matter of who gets the biggest piece of pie. There's more than enough food for everyone. It's an all-you-can-eat buffet.

Win/Win is a frame of mind and heart that constantly seeks mutual benefit in all human interactions. Win/Win sees life as a cooperative not a competitive.

Other paradigms include:

- Win/Lose: When people want to win and don't care if others lose.
- This is most popular in business, sports, academics and even as a control in some relationships.
- Lose/Win: When people allow others to win even when it means they lose.
- This is when a person has low self-esteem and always put others before themselves regardless of results.
- Lose/Lose: When people believe that if they go down, then others must go down with them. This one is popular in divorce – if I can't have it, nobody will.





Activity 1 – YouTube Videos and Discussion

In this activity, students will watch the 2 YouTube videos (https://youtu.be/U41N02_9zNU and <https://youtu.be/83gzM4HyQ9I>) or others that you might find. Then after watching the videos discuss how a life can be an all-you-can-eat buffet.

Activity 2 – Tic Tac Toe

In this activity, students will be asked to get into pairs and then be timed as they play a multiple tic tac toe games. Their goal as a pair is to win as many games together as they possibly can in the time period. After they play their games together there are a list of discussion questions the teacher and students will go through.

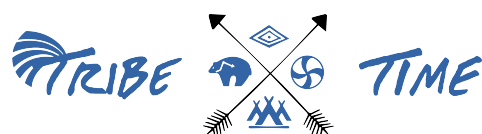
Activity 3 – A Winning Attitude

Teacher will hand out 4 Fast Passes to lunch to 4 random students in the class. The teacher will then observe the reactions of the other students in the class. The teacher will then lead a discussion of what Win-Win, Win-Lose, Lose-Win and Lose-Lose attitudes look like. The new winning attitude will help the students have an all-you-can -eat buffet type of life. This activity could also be done with 4 candy bars or whatever the teacher would like to use.

Activity 4 – Think Win-Win Question Sheet

In this activity the teacher will teach the 4 different frames of mind (Win/Win, Win/Lose, Lose/Win and Lose/Lose). After teaching the different mind sets hand out the worksheet and have the students fill it out.

Activity 2





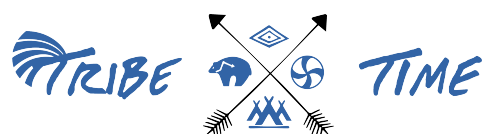
Tic Tac Toe

Teacher will ask the student to get in pairs. Teacher will pass out one sheet of blank paper to each pair. Students will be playing tic tac toe against one another. The goal of the game is to see who can get the most wins in a 3 minute time frame. We are looking for a 1st, 2nd and 3rd place winners. Give the students 3 minutes to play. Have them count the number of wins each person had. Determine who had the most and name the 1st, 2nd and 3rd place winners.

“Who had the most wins? Who had the second most wins? Who had the third most wins? Did any pairs find an easier way to get he most wins? Did anyone purposely think of losing so that they could move through the games quicker, taking turns with your partner of who would win next? How does think win-win benefit you in this game? Are there any situations in your life that you might not be looking a correctly because you are focused on being competitive rather than thinking win-win?”

Conclusion:

“Thinking win-win is tough because it is not human nature. Often our first thought is to be competitive or compare ourselves to one another. This month instead of comparing yourself or competing, think about working together with your classmates, teacher, and families. By working together, both sides can reach success. It takes a lot of maturity and humility, but you can do it. THINK WIN-WIN.”





Activity 4: Think Win-Win Question Sheet

Win/Win is a frame of mind and heart that constantly seeks mutual benefit in all human interactions. Win/Win sees life as a cooperative not a competitive.

Other paradigms include:

Win/Lose: When people want to win and don't care if others lose.

This is most popular in business, sports, academics and even as a control in some relationships.

Lose/Win: When people allow others to win even when it means they lose.

This is when a person has low self-esteem and always put others before themselves regardless of results.

Lose/Lose: When people believe that if they go down, then others must go down with them.

This one is popular in divorce – if I can't have it, nobody will.

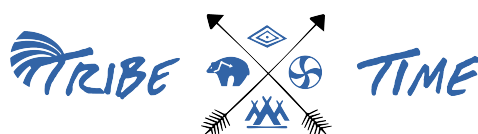
Write your definition of win/win thinking. Once you have your description, share it with your partner or a class friend. Use examples from you own life.

Complete the following sentences.

It is hardest for me to think win/win when:

It is easier for me to think win/win when:

When I practice win/win thinking, I enjoy the following benefits when:





Activity 4 continued

What is lose/lose?

Four horizontal lines for writing.

List some lose/lose examples from history or current events.

Four horizontal lines for writing.

List a specific situation that you may face in the next seven days that will require a win/win thinking. It might be during a music lesson, at work, in a challenging class, or at home with your family. How will you prepare yourself to think win/win?

Eight horizontal lines for writing.

Later, record the experience as it actually happened. Write what the experience taught you about thinking win/win.

